

REGISTRATION FORM

“Quandaries in Supporting Persons with Developmental Disabilities & Co-existing Mental Health Issues”

Please print legibly and keep a copy for your files.

Please select ONE training location:

☐ **Seattle -- Tuesday, April 19, 2005**

Location: Radisson SeaTac, 17001 Pacific Hwy South,
Seattle (206) 246-6835

☐ **Spokane – Wednesday, April 20, 2005**

Location: West Coast Ridpath, W 515 Sprague Ave,
Spokane (800) 426-0670

☐ **Olympia– Friday, April 22, 2005**

Location: Phoenix Inn, 415 Capitol Way N, Olympia,
WA 9801 (360) 570-0555

Name _____

Title _____

Name of Agency _____

Agency Mailing

Address _____

City, State, Zip _____

Phone _____

e-mail address: _____

Special Needs: _____

Please send registrations to:

Washington Community Mental Health Council

600 Stewart Street, Suite 520, Seattle, WA 98101

Fax: (206) 389-3284

Phone: (206) 628-4608 x12



Washington Community Mental Health Council
600 Stewart Street, Suite 520
Seattle, WA 98101-1217

Quandaries in Supporting Persons with Developmental Disabilities & Co-existing Mental Health Issues

Sue Gabriel, PMHNP,
APRN, BC

**April 19, 2005 — Seattle
April 20, 2005 — Spokane
April 22, 2005 — Olympia**

*Sponsored by the Division of
Developmental Disabilities in
Partnership with MHD, NADD,
CRSA, & Washington Community
Mental Health Council*

Free of Charge

Who Should Attend?

- Developmental Disabilities Residential Providers
- Mental Health and Developmental Disabilities Staff Supporting Persons with Developmental Disabilities
- Others Interested in Supporting Persons with Developmental Disabilities

Quandary - a state of perplexity or a predicament.

A perplexing state is often the case when providing services to persons with developmental disabilities and challenging behaviors. Unfortunately, aggression towards self and others is all too often the predicament. This one-day talk is designed to give family members, para-professional, and professional staff a framework in which to assess and suggest treatment strategies for aggression and many challenging behaviors.

About the Presenter

Sue Gabriel, PMHNP, APRN, BC has spent the majority of her 20 year career providing services to persons with developmental disabilities. She is currently a Psychiatric Nurse Practitioner at Clinton Eaton Ingham CMH in Michigan and a Psychiatric Nurse Practitioner contract provider for the Michigan State Department of Community Health. Ms. Gabriel is an engaging speaker who has been a presenter at the annual National Association of Dual Diagnosis (NADD) conference eight times and has also provided presentations throughout Michigan, the United States and Canada. She is a published author whose works include the book *Quandaries, Understanding Mental Illness in Persons with Developmental Disabilities* as well as various newsletters and journals.

Quandaries in Supporting Persons with Developmental Disabilities & Co-existing Mental Health Issues

Session Schedule for all Trainings

9:00 am—10:00 pm	Check In
10:00 am—noon	Training
Noon—12:30 pm	Lunch <i>(provided)</i>
12:30 pm—4:00 pm	Training

COURSE OUTLINE:

1. Introductions
2. History of dual diagnosis (institutional and community health services)
3. Systems review
 - a. Physical stressors/common health concerns
 - b. Psychological stressors/stress relievers
 - c. Personality concerns
4. Psychiatric Assessment
 - a. Depression
 - b. Bipolar Disorder
 - c. Anxiety Disorders
 - d. Psychotic disorders
5. Treatment issues will be interwoven with the subject areas
6. Conclusions/evaluations

OBJECTIVES:

1. Explore the history of dual diagnosis as it pertains to challenging behaviors.
2. Identify 4 clusters of characteristics that may present as aggression.
3. Explore the affective, anxiety, and psychotic disorders.
4. List at least 4 biological/ environmental/ psychological treatment strategies for aggression.

Registration Form on Reverse Side

Please mail or fax registration form to WCMHC at:

600 Stewart Street, Suite 520

Seattle, WA 98101-1217

Fax: (206) 389-3284

Phone: (206) 628-4608 x 12

Please contact the Washington Community Mental Health Council with any questions about these programs at (206) 628-4608 x 12 or ccoleman@wcmhcnet.org

SPACE IS LIMITED. ALTHOUGH THERE IS NO FEE FOR THESE TRAININGS, PRE-REGISTRATION IS **REQUIRED**. A CONFIRMATION LETTER W/ DRIVING DIRECTIONS WILL BE SENT UPON RECEIPT OF REGISTRATION. IF YOU DO NOT RECEIVE A CONFIRMATION LETTER, PLEASE CONTACT THE COUNCIL (206) 628-4608 x12.

A limited number of sleeping rooms have been set aside at each of the locations. Please mention the training name to receive a government rate.

Continuing Education Credits (5.0 Hrs)

The Washington Community Mental Health Council is qualified to provide continuing education credits required by Washington State for Licensed Social Workers, Licensed Mental Health Counselors and Licensed Marriage and Family Therapists. This program will provide **5.0** hours of continuing education credit for those who attend the full training.

The DSHS Aging and Disability Services Administration Division of Developmental Disabilities has made this training available, at no cost to the participants.